



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
2025-2026

School Name & Location Number:	Neva King Cooper Educational Center - 0921
Principal:	Dr. Marsha Rogers
Phone Number:	(305)247-4307
School Wellness/Healthy School Team Leader:	Ricardo Yanes
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	<ul style="list-style-type: none"> • School Administrators • School food service manager/supervisor • Parent(s) • School health professionals • Adaptive PE Teacher • School Volunteers • Teachers
Committee Meeting Dates:	9/25 Leadership team/Committee Review), 10/2025 (EESAC Meeting), 11/25 (EESAC Meeting), 1/26 (Faculty Meeting), 2/26 Faculty Meeting
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition:</p> <ul style="list-style-type: none"> • Promote good eating habits • Provide healthy meals and snacks daily to students, faculty, and staff through cafeteria <p>Physical Activity:</p> <ul style="list-style-type: none"> • Mindfulness Activities/Yoga <p>Preventive Healthcare:</p> <ul style="list-style-type: none"> • Organize healthy eating habit activities • Have additional staff participate in school wellness activities

<p>Sustainability Practices:</p>	<ul style="list-style-type: none"> • Posting environmental advocacy and educational flyers and information throughout the school • Using Share Tables to teach students to redistribute food rather than discard it • Incorporating lessons in the school garden
<p>Community Engagement:</p>	<ul style="list-style-type: none"> • School health professionals to select fruit or vegetable to highlight during meetings • Increase business partnerships in local area • Health Fair for families: Including partnerships with different agencies
<p>Monitoring and Evaluation:</p>	<ul style="list-style-type: none"> • Committee Meeting sign-in sheets • School Health Fair attendance • EESAC advertisements earlier in the following school year • More meetings and set times for following year
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<ul style="list-style-type: none"> • Additional resources available from school